



**FAMILY  
JUSTICE  
CENTER**  
SAFETY | HEALING | COMMUNITY

**PRESENTS...**



**JOIN US FOR AN  
ENGAGING  
DISCUSSION ON  
MENTAL HEALTH.**



**MIND POWER**  
IN ACTION

**"Let's Heal Us": In-Person Listening Session on Mental  
Health for the Black Community.  
February 10, 17, & 24, 2024 at 11 am PST.**



For more information, visit  
[www.cocofamilyjustice.org](http://www.cocofamilyjustice.org) or call 925-281-0970.  
#BIPOCmentalhealth #letshealus  
#mindpowerinaction